

Soldiers

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FOCUS ON BASIC TRAINING

4 First Step to an "Army of One"

Army Basic Combat Training is the nine-week process that turns frightened kids into confident adults, skilled in the art of soldiering.

10 Sticking to Basics

Trainers pull out all the stops to help Army recruits make the sometimes-painful transition from civilian to soldier.



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FEATURES

20 Phantom Lifeline

Soldiers spread out across Texas in one of the largest peacetime logistics exercises ever conducted by the 13th COSCOM.

22 Doctor Demo

Keeping U.S. and allied soldiers alive is the single goal of a land-mine expert soldiers have gotten to know as "The Man."

24 Decoding the OMPF

Often considered a military secret, the Official Military Personnel File yields its treasures in this center-section review of its components and functions.



Have a safe and



www.dtic.mil/soldiers



fun-filled summer.
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26 Saving Soldiers From Suicide

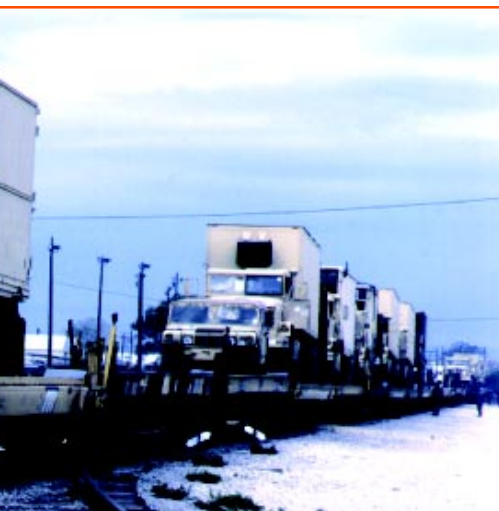
The third-leading cause of death among active-duty soldiers in peacetime "isn't something people do on the spur of the moment."

34 The Soldier-Employer Team

Striking an acceptable balance between the demands of the workplace and military duty brings the ESGR into action.

38 Surveying Soldier Concerns

Unpredictability, not OPTempo per se, surfaced as a big point of contention among soldiers and their spouses in a recent look at training and leader development.



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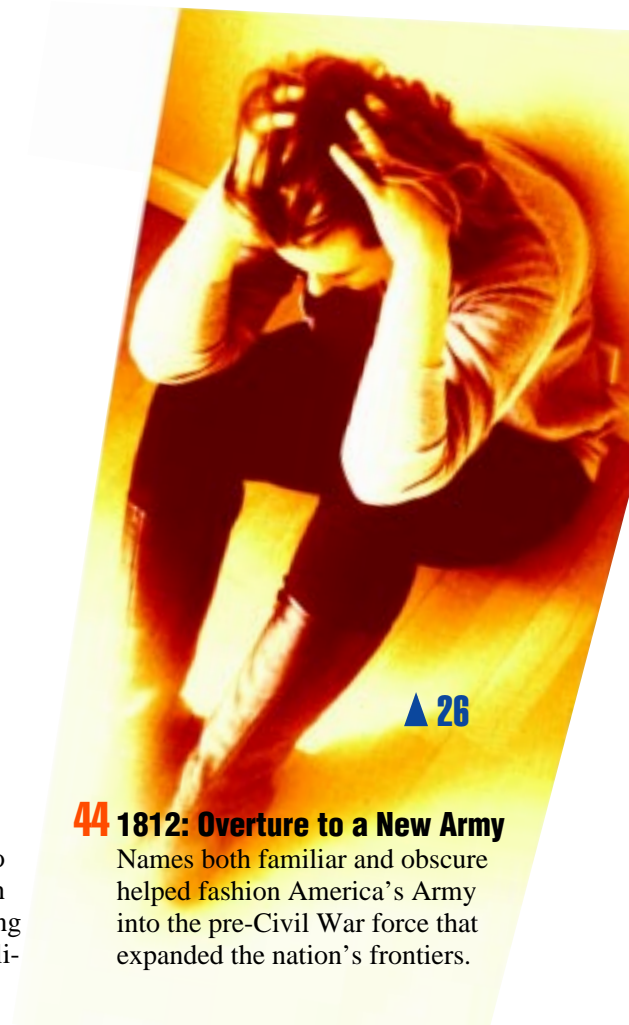
41 When Food Bites Back

Summer fun and other festive occasions have a sometimes deadly downside when participants ignore the basic rules of safe food handling.

42 Fast Science

Cutting-edge technology gets to soldiers in the field FAST when Michael Golden goes out looking for complaints instead of compliments.

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Names both familiar and obscure helped fashion America's Army into the pre-Civil War force that expanded the nation's frontiers.

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Front cover:

SSG Maurice Greening, Co. D, 1st Bn., 28th Inf. Regt., works with his basic training platoon on drill and ceremony at Fort Jackson, S.C.
— Photo by SSG Jack Siemieniec

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